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Post-Pandemic Supply Chain Disruptions and the Development of Resilience Strategies in Virudhunagar District

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ABSTRACT: The COVID-19 pandemic created unprecedented disruptions in global supply chains, exposing vulnerabilities in highly interconnected production and distribution networks. Lockdowns, labor shortages, transportation delays, and sudden demand fluctuations significantly affected the movement of goods and services across industries. This study examines the nature of post-pandemic supply chain disruptions and evaluates the resilience strategies adopted by organizations in Virudhunagar District. Primary data were collected through structured questionnaires from selected respondents, and statistical analysis was conducted using percentage analysis and descriptive techniques. The findings indicate that while certain resilience strategies such as supplier diversification and maintaining safety stock have contributed to improving supply chain stability, the overall adoption of digitalization, logistics network redesign, and collaborative risk management remains limited. The study highlights the importance of integrating resilience planning, technological innovation, and strategic collaboration to build adaptive and sustainable supply chains capable of withstanding future global disruptions.

KEYWORDS: Supply Chain Disruption, Resilience Strategies, Post-Pandemic Recovery, Digitalization, Global Trade

I. INTRODUCTION

Over the past few decades, globalization has significantly transformed the structure and operation of supply chains worldwide. Organizations increasingly adopted global sourcing strategies to reduce costs, access specialized resources, and improve production efficiency. These global supply chains connected suppliers, manufacturers, distributors, and consumers across multiple countries, creating complex networks of production and distribution. However, such interdependence also introduced vulnerabilities, where disruptions in one region could affect operations across the entire network. Before the COVID-19 pandemic, most organizations prioritized efficiency through lean manufacturing and just-in-time inventory systems. These approaches reduced inventory holding costs and improved operational efficiency but left little room for absorbing unexpected disruptions. As a result, supply chains became highly optimized but fragile, with minimal redundancy and limited flexibility.

The COVID-19 pandemic exposed these vulnerabilities on a global scale. Lockdowns and travel restrictions led to factory shutdowns, labor shortages, transportation disruptions, and port congestion. Demand patterns also changed dramatically, with panic buying and rapid shifts toward e-commerce platforms. These simultaneous shocks created widespread supply shortages and delays, affecting industries such as manufacturing, retail, healthcare, and logistics.

In response to these challenges, organizations began exploring resilience strategies aimed at improving flexibility and adaptability within supply chains. Strategies such as supplier diversification, safety stock management, digital tracking technologies, and collaborative networks have emerged as key approaches for mitigating disruption risks. These strategies enable firms to respond more effectively to uncertainty and maintain continuity during crises.

This study focuses on analyzing the impact of post-pandemic supply chain disruptions and evaluating the effectiveness of resilience strategies adopted by organizations in Virudhunagar District.



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II. STATEMENT OF THE PROBLEM

The COVID-19 pandemic revealed significant weaknesses in global supply chains, particularly the overreliance on single suppliers, limited digital integration, and insufficient contingency planning. Many organizations struggled to respond effectively to disruptions caused by lockdowns, labor shortages, and transportation delays. Although some companies implemented resilience strategies such as supplier diversification and safety stock management, these measures were often reactive and inconsistently applied.

As a result, organizations face the challenge of balancing operational efficiency with long-term resilience. Without strategic planning and technological integration, supply chains remain vulnerable to future disruptions. Therefore, it is necessary to examine the effectiveness of resilience strategies and identify approaches that can strengthen supply chain stability in the post-pandemic era.

III. OBJECTIVES OF THE STUDY

1. To examine the impact of post-pandemic disruptions on supply chain operations.
2. To analyze the resilience strategies adopted by organizations to manage supply chain risks.
3. To evaluate the effectiveness of strategies such as supplier diversification, safety stock, and digitalization in improving supply chain stability.

PURPOSE OF THE STUDY

The main purpose of this study is to analyze how global supply chains were affected by the COVID-19 pandemic and to evaluate the effectiveness of resilience strategies such as multi-sourcing, safety stock, digitalization, and collaboration in strengthening supply chains after the pandemic. The study also aims to propose a practical framework to help companies build post-pandemic supply chains that are both efficient and resilient, capable of handling future disruptions effectively.

IV. METHODOLOGY

NEED FOR THE PRESENT STUDY

In recent years, global supply chains have experienced significant disruptions due to unexpected events such as pandemics, natural disasters, geopolitical tensions, and transportation restrictions. Among these, the COVID-19 pandemic created unprecedented challenges for businesses worldwide by interrupting production, delaying transportation, reducing labor availability, and disturbing the flow of goods and services. These disruptions exposed the vulnerabilities of traditional supply chain systems that were primarily designed for efficiency rather than resilience.

Businesses across various sectors faced difficulties in sourcing raw materials, managing inventory, meeting customer demand, and maintaining smooth distribution channels. Small and medium enterprises, in particular, were heavily affected due to their limited resources and dependency on external suppliers. The pandemic highlighted the urgent need for organizations to develop stronger and more flexible supply chain systems that can withstand future disruptions.

Supply chain resilience has therefore become an important concept in modern supply chain management. It involves adopting strategies such as supplier diversification, improved inventory planning, digital technologies, risk management practices, and stronger coordination among supply chain partners. These strategies help organizations respond quickly to disruptions, maintain business continuity, and minimize operational risks.

In districts like Virudhunagar, which has a strong presence of small and medium businesses engaged in trade and manufacturing activities, understanding the impact of post-pandemic supply chain disruptions is particularly important. Businesses in this region have adopted various strategies to recover from disruptions and strengthen their supply chain operations.

Therefore, the present study is undertaken to examine the impact of post-pandemic supply chain disruptions and to analyze the resilience strategies adopted by businesses in Virudhunagar District. The findings of the study will help



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businesses, policymakers, and stakeholders develop effective strategies to improve supply chain stability, enhance operational efficiency, and ensure long-term business sustainability.

V. SAMPLING METHOD AND SIZE

The study population includes managers, and employees involved in supply chain activities in Virudhunagar District. The respondents were selected from different sectors such as retail, manufacturing, and distribution businesses. The sample focuses on analyzing post-pandemic supply chain disruptions and the resilience strategies adopted by businesses, including supplier diversification, inventory management, and the adoption of digital technologies.

A sample size of 110 respondents was selected using the convenience sampling method. Data were analyzed using percentage analysis to understand the profile of respondents, Chi-square test to examine the relationship between supply chain disruptions and resilience strategies, and ANOVA (Analysis of Variance) to identify differences among variables related to supply chain resilience. Statistical analysis was carried out using SPSS (Statistical Package for the Social Sciences) for data processing, statistical analysis, and interpretation of the results.

Primary Data

Primary data was collected directly from managers, and employees in Virudhunagar District using a structured questionnaire. The questionnaire included questions related to supply chain disruptions, business challenges during the pandemic, and resilience strategies adopted by organizations.

Secondary Data

Secondary data was collected from research articles, journals, books, websites, and published reports related to supply chain management, pandemic disruptions, and resilience strategies.

VI. RESULTS AND DISCUSSION

TABLE 1. DEMOGRAPHIC PROFILE OF THE RESPONDENTS

S.NO	YEARS OF EXPERIENCE IN SUPPLY CHAIN MANAGEMENT	FREQUENCY	PERCENTAGE
1	1-3 yrs	35	31.8
2	4-6 yrs	52	47.3
3	7-10 yrs	16	14.5
4	more than 10 yrs	7	6.4
	GENDER	FREQUENCY	PERCENTAGE
1	Male	64	58.2
2	Female	46	41.8
	SCALE OF OPERATIONS	FREQUENCY	PERCENTAGE
1	Local	31	28.2
2	National	77	70.0
3	Regional	2	1.8
	PRIMARY MODE OF TRANSPORT	FREQUENCY	PERCENTAGE
1	Road	105	95.5
2	Combination	5	4.5

Source: primary data

From the above data, it is observed that the majority of the respondents (47.3%) have 4–6 years of experience in supply chain management, followed by 31.8% with 1–3 years of experience, while 14.5% have 7–10 years of experience and only 6.4% have more than 10 years of experience, indicating that most respondents have moderate experience in the field. Regarding gender distribution, 58.2% of the respondents are male and 41.8% are female, showing a slightly



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higher participation of male respondents. In terms of scale of operations, 70.0% of the businesses operate at the national level, 28.2% operate locally, and only 1.8% operate at the regional level, suggesting that most respondents are involved in wider market operations. With respect to transportation, 95.5% of the respondents primarily use road transport, while 4.5% use a combination of transport modes, indicating that road transport is the most commonly used mode for supply chain activities among the respondents.

TABLE 2 . YEARS OF EXPERIENCE AND MAIN CAUSES OF PANDEMIC SUPPLY CHAIN DISRUPTIONS

	Sum Squares	df	Mean Square	F	Sig.
Between Groups	37.072	3	12.357	3.876	.011
Within Groups	337.919	106	3.188		
Total	374.991	109			

Source: primary data

The One-Way ANOVA results indicate that there is a statistically significant difference between groups. Since the significance value ($p = 0.011$) is less than 0.05, the null hypothesis is rejected. This means that years of experience in supply chain management significantly influence perceptions regarding the main causes of pandemic supply chain disruptions. The F-value ($F = 3.876$) suggests that the variation between the groups is greater than the variation within the groups, confirming that differences in experience levels lead to differing opinions on the main causes of disruptions.

TABLE 3. GENDER AND PERCEIVED ROLE OF LABOR SHORTAGES

	Sum Squares	df	Mean Square	F	Sig.
Between Groups	.242	2	.242	.166	.684
Within Groups	157.076	107	1.454		
Total	157.318	109			

Source: primary data

The One-Way ANOVA results show that there is no statistically significant difference between the groups. Since the significance value ($p = 0.684$) is greater than 0.05, the null hypothesis is not rejected. This indicates that the differences observed among the group means are likely due to chance rather than a real effect. The low F-value ($F = 0.166$) further confirms that the variation between the groups is minimal compared to the variation within the groups. Therefore, it can be concluded that there is no significant relationship between the variables tested.

TABLE 4 . SCALE OF OPERATIONS AND IMPACT OF REDESIGNING LOGISTICS NETWORKS

	Value	df	Asymptotic Significance (2-sided)
Pearson Chi-Square	25.381 ^a	6	.000
Likelihood Ratio	28.000	6	.000
Linear-by-Linear Association	.204	1	.652
N of Valid Cases	110		



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The Chi-Square test shows a significant association between scale of operations and perceptions of whether redesigning logistics networks has reduced disruption impacts (Pearson Chi-Square = 25.381, $df = 6$, $p = 0.000$). This indicates that differences in perceptions across scales of operations are unlikely due to chance. Although 5 cells (41.7%) have expected counts less than 5, the results support rejection of the null hypothesis (H_0) and acceptance of the alternative hypothesis (H_1).

TABLE 5. SCALE OF OPERATIONS AND PREDICTIVE ANALYTICS HELP US PREPARE FOR POTENTIAL DISRUPTIONS

	Value	df	Asymptotic Significance (2-sided)
Pearson Chi-Square	33.055 ^a	6	.000
Likelihood Ratio	43.649	6	.000
Linear-by-Linear Association	15.243	1	.000
N of Valid Cases	110		

source:primary data

The Chi-Square test was conducted to examine the association between the variables, and the results indicate a highly significant relationship. The Pearson Chi-Square value is 33.055 with 6 degrees of freedom and a significance value ($p = 0.000$), which is well below 0.05, leading to rejection of the null hypothesis (H_0) and acceptance of the alternative hypothesis (H_1).

VII. CONCLUSION

The present study examined the impact of post-pandemic supply chain disruptions and the resilience strategies adopted by businesses in Virudhunagar District. The findings indicate that many organizations experienced disruptions in areas such as raw material supply, transportation, and inventory management during the pandemic. Businesses have gradually adapted to these challenges by implementing various resilience strategies, including supplier diversification, improved inventory planning, and the adoption of digital technologies.

The analysis shows that most respondents recognize the importance of developing flexible and responsive supply chain systems to reduce the impact of future disruptions. Statistical results also reveal that resilience strategies play a significant role in maintaining supply chain stability and supporting business continuity.

Overall, the study concludes that strengthening supply chain planning, adopting technological solutions, and improving coordination among supply chain partners can significantly enhance resilience and operational efficiency. These measures will help businesses better manage uncertainties and ensure long-term sustainability in the post-pandemic business environment.



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